

Instructor: Shana Ring, MA, PPC, CPHR**Location:** K W Nasser Centre
256 - 3rd Ave South, Saskatoon, SK**Fee:** \$995 + GST*Includes instruction, course materials,
and meals**To Register:**www.edwards.usask.ca/execed
or call 306-966-8686

Developing a Coaching Mindset

INTRODUCTION & BACKGROUND

You will discover coaching as a powerful leadership tool - and walk away with the skills to apply the coach-approach in your workplace immediately. This program focuses on enhancing the coaching, communication and change leadership skills used in everyday communications with staff, colleagues, customers, and any personal communication.

Developing a Coaching Mindset provides you with the framework for communicating and holding conversations with others in the workplace that is designed to engage, empower, and inspire forward action with people at all levels in a changing environment.

KEY LEARNING OBJECTIVES

- Discover coaching as a learning tool to facilitate thinking, creativity and problem solving
- Develop Intentional Listening and Questioning skills using the 5-Step GUIDE Coaching Model
- Direct enhanced feedback skills including the DIRECT™ Feedback Model
- Distinguish between performance and developmental conversations
- Apply the coach-approach to change in the workplace

INSTRUCTOR PROFILE

Shana Ring, MA, PPC, CPHR



Shana Ring, President of Destination Leadership and founder of EXPEDITION Coaching - a leadership program focused on enhancing coaching, communication and change skills of leaders at all levels in today's workplace. Shana specializes in the area of developing coaching cultures, leadership and team development, succession planning and change. She has been working with individuals, teams and organizations in her own business since 2007. Prior to this Shana spent over 13 years at SaskPower successfully designing and leading leadership development initiatives.

Shana completed a Master's of Arts Degree in Leadership and the Graduate Certificate in Executive Coaching from Royal Roads University. She is a Professional Certified Coach (PCC) and offers Certified Coach training, Certified Facilitator training and Coaching Skills training. She has her Bachelor of Arts Degree from University of Regina and is a Certified Professional in Human Resources (CPHR).

"Engaging, thought-provoking, applies to work and home. Gave me a whole new perspective on problem solving."

- Dawn Bains, Banff Construction Ltd.