

Instructor: Diane Knoll, B.Ed, CEC**Location:** K W Nasser Centre
256 - 3rd Ave South, Saskatoon, SK**Fee:** \$625 + GST

*Includes instruction, EQ assessment course materials and meals.

To Register:www.edwards.usask.ca/execed
or call 306-966-8686

Emotional Intelligence (EQ) - The Leadership Connection

INTRODUCTION & BACKGROUND

Emotions drive people and people drive organizations.

Leaders who understand the impact of emotional intelligence, who are self-aware, and who use that basic knowledge to influence others are those leaders people want to work with.

Research shows EQ is 85% responsible for the culture a leader creates and for the positive engagement of employees. Leaders and team members with high EQ are aware of the team moods, member interactions, team culture and its impact on achieving results. **This class will provide an opportunity to assess your own EQ, including an EQ assessment from Six Seconds EQ Network, helping you to generate strategies to improve both personal and team EQ.**



INSTRUCTOR PROFILE

Diane Knoll, B.Ed., CEC

Diane is recognized as a highly qualified and respected coach and facilitator. She is especially known for creating trusting relationships with her clients. Her career includes experience in the private and public sectors including agriculture, not-for profit, public education, post-secondary education, finance and mining. Diane has been facilitating at Edwards School of Business for the past four years and is excited to share her work in the field of emotional intelligence.

Diane is a graduate of the Royal Roads University post-graduate executive coaching program, a certified practitioner in the Myers Briggs Type Indicator (MBTI), Facet5, Six Seconds Emotional Intelligence Network, Emotional Intelligence and 360 feedback instruments.

KEY LEARNING OBJECTIVES

- Expand basic knowledge of emotional intelligence competencies and their effect on performance, leadership and team culture.
- Examine personal emotional intelligence levels by participating in the SEI Leadership Report assessment published by Six Seconds.
- Develop strategies for improving self-awareness, relationship management and team development.
- Differentiate between the EQ leadership competencies of: self-regulation, empathy, compassion, relationship management and effective communication.